

MALE COMPREHENSIVE HEALTH HISTORY

Date ____/____/____ NAME _____ DOB ____/____/____ AGE ____

Yes No

- ____ Are you allergic to any medications, latex, foods, products, or anesthesia? List: _____
- ____ Are you currently taking medications (include herbal remedies, vitamins, over-the-counter medication) List: _____
- ____ Are you currently under a health care provider's care? If so, why? _____
- With whom? _____

FAMILY HISTORY

Are you adopted? Yes ____ No ____

Have your biological family (parents, brothers, sisters) had any of the following?

Yes	No	Who?
____	____	High cholesterol _____
____	____	Diabetes _____
____	____	High blood pressure _____
____	____	Cancer _____
____	____	Heart Attack before age 55 _____
____	____	Stroke before age _____
____	____	Sickle cell anemia/trait _____
____	____	Other _____

MEDICAL HISTORY (Please check all that apply now or in the past.)

Yes No

- ____ Blood transfusions
- ____ Heart disease/Murmurs/Valves
- ____ Chest pain or shortness of breath
- ____ High blood pressure
- ____ Stroke
- ____ Blood clots or clotting disorder (such as hemophilia)
- ____ Varicose veins or inflammation of veins
- ____ Numbness of arms or legs
- ____ Scarlet fever
- ____ Rheumatic fever
- ____ High cholesterol / triglycerides/ blood fats
- ____ Anemia/Low iron
- ____ Sickle Cell disease
- ____ Suicidal depression
- ____ Anxiety or other psychological problems
- ____ Psychiatric treatment
- ____ Lupus
- ____ Migraine headaches
- ____ Frequent headaches
- ____ Cancer
- ____ Blurred vision or loss of vision
- ____ Seizures or epilepsy
- ____ Liver disease, hepatitis, jaundice, mononucleosis
- ____ Gall bladder problems
- ____ Birth defects, genetic problems
- ____ Bladder or kidney problems
- ____ Penis discharge
- ____ Breast lump

Yes No

- ____ Kidney disease
- ____ Frequent urinary bladder infections
- ____ Stomach or bowel problems
- ____ Thyroid problems
- ____ Diabetes
- ____ Asthma, chronic cough or breathing problems
- ____ Sleep apnea
- ____ Night sweats
- ____ Skin allergies or irritation
- ____ Breast lump, tumor, discharge or surgery
- ____ Testicular problems/surgery
- ____ Chronic fatigue > 6 months
- ____ TB or other lung disease
- ____ Eye problems (except glasses or contacts)
- ____ Hearing problems
- ____ Frequent nosebleeds or sore throats
- ____ Arthritis, osteoporosis
- ____ Acne or other skin problems
- ____ Exposure to occupational hazards or environmental toxins
- ____ Chlamydia _____
- ____ Gonorrhea _____
- ____ Syphilis _____
- ____ Herpes _____
- ____ Warts/HPV _____
- ____ HIV _____
- ____ Pain with sex? Other sex problems? _____

Are you up to date on immunizations (shots) DPT, rubella, Hepatitis, polio, meningitis, measles? Yes ____ No ____

HPV? Yes ____ No ____

List any surgeries, severe illnesses, injuries or other medical conditions you have had or have now and approximate date: _____

Are you planning any major surgery requiring long term bed rest? Yes ____ No ____



Do you have any of the following symptoms?

Yes	No	Yes	No	Yes	No	Yes	No
☐	☐	☐	☐	☐	☐	☐	☐
Discharge		Rash		Swollen glands		Itch	
☐	☐	☐	☐	☐	☐	☐	☐
Pain when urinating		Genital warts		Fever/chills		Testicular Pain	
☐	☐	☐	☐	☐	☐	☐	☐
Sores		Abdominal pain		Unexplained weight loss or gain			

List any self-treatment for any of the above symptoms? _____

STI/HIV RISK ASSESSMENT

Date of last sexual encounter? _____
Number of sex partners in past year? _____ Number of partners in your life? Women _____ Men _____
Were any of your partners a hemophiliac? Yes _____ No _____ Infected with HIV/AIDS? Yes _____ No _____ A street drug user? Yes _____ No _____
Have you ever shared needles? (drugs, tattooing, piercing)? Yes _____ No _____
Any partners test positive for STI? Yes _____ No _____ If yes, what? _____

Reproductive Life Plan

	Yes	No
Do you have children?	☐	☐
Do you want any/more children at this time?	☐	☐
Would you like more information on any method of birth control	☐	☐

what _____

Birth control history

	Yes	No
Do you use condoms regularly?	☐	☐
Do you support your partner(s)' use of birth control	☐	☐

How _____

Health Habits (All health information is confidential and cannot be released without your permission except physical or sexual abuse of a minor which we must report to authorities)

Yes	No
☐	☐
Do you exercise regularly?	
☐	☐
Do you consider your diet and eating habits healthy?	
☐	☐
Do you smoke cigarettes? If so, number of cigarettes a day? _____ How long have you smoked? _____	
☐	☐
Do you use other forms of tobacco?	
☐	☐
Do you do self-testicular exam? How often? _____ Monthly _____ Seldom	
☐	☐
Do you drink alcohol excessively?	
☐	☐
Do you use drugs (marijuana, cocaine, etc)?	
☐	☐
Have you ever used IV drugs?	
☐	☐
Has a current or past partner ever used IV drugs, or had a partner who used IV drugs?	
☐	☐
Are others concerned with your alcohol and/or drug habits?	
☐	☐
Have you been physically or sexually abused?	
☐	☐
Are you afraid of your partner(s) or a family member?	
☐	☐
Is someone forcing or coercing you to have sex?	

Education: please indicate highest level completed _____

Who helps and supports you with your problems? _____

What questions can we answer for you today? _____

Patient Signature _____ Date _____

Reviewed By _____ Date _____

Updated By _____ Date _____

Updated By _____ Date _____